



SGT UNIVERSITY

**SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY
(UGC & AICTE Approved) Gurugram, Delhi-NCR**

Outreach Activity

Awareness Program on World

Breast Cancer Day

(Faculty of Nursing)



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1. **Title of the Activity:** *Awareness Program on World Breast Cancer Day*

2. **Date:** *21st October 2022*

3. **Location of the Activity:** *Village Mubarakpur, Gurugram*

4. **Organizing Faculty/Department/Association:** *Department of Community*

Health Nursing, Wellbeing Association

5. **Participating Team Members with Designation:** *Ms. Pratibha, PG Tutor*

5. **E Brochure/Banner (if made)-**



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6. Objective of the Activity:

- To create awareness regarding breast cancer
- To help the villagers in how to do Breast Self-Examination
- To make students aware about cancer, treatment modalities, etc.
- To involve students in co-curricular activities.



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7. Approval Letter



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(UGC Approved University) GURGAON, Delhi-NCR

FACULTY OF NURSING

Ref. No.: SGTU/FON/03/2022/1855

Dated: 1.10.2022

Subject: Approval for organizing Breast cancer awareness programme from 18/10/2022-20/10/2022 in view of Breast cancer awareness month.

The Pflge association under Department of Obstetrics and Gynecological Nursing, Faculty of Nursing, SGT University is organizing Breast cancer awareness programme from 18/10/2022-20/10/2022 in view of Breast cancer awareness month. The schedule of activities for the programme is as follows:

1. Expert talk on Breast cancer awareness and prevention- 18/10/2022 ✓
2. Breast cancer awareness and prevention camp at school- 19/10/2022 ✓
3. Nukkad Natak on breast cancer awareness at SGT Hospital-20/10/2022 ✓

Budget for the scheduled program:

S.No.	Item with justification	Quantity	Rate	Price (Rs.)
1	Honorarium for external speaker	1	4500	4500 ✓
2	Lunch and high tea (For Expert talk)	5	365	1825 ✓
3	Sapling	4	100	400 ✓
4	Memento	1	350	350 ✓
5	Banner (Standee with stand) 3x6 E banner	1	900	900 ✓
6	Water bottle	1 box	240	240 ✓
7	Stationary items	-	-	-
	Charts	25	5	125 ✓
	Fevicol (200gm)	3	75	225 ✓
	Bold Marker	8	14	112 ✓
	Bold sketch pen packet	2	120	240 ✓
	All pin	2	30	60 ✓
	Double sided tape	3	30	90 ✓
	Broad transparent tape(big)	2	30	60 ✓
	Coloured tape	8	20	160 ✓
8	Refreshment for participants Nukkad Natak-25 students Health camp-25 students	Namkeen and fruity (50)	20	1000 ✓
9	Transport	-	-	-
10	E certificate for organizers	10	-	-
Total				10287/-

Submitted for your kind perusal and approval.

The Registrar, SGT University

Dea. [Signature]
Registrar
SGT University
Budhera, Gurugram

Request may be considered & approved please
Approved
[Signature]
3/10/22
10287/-

Dean
Faculty of Nursing
SGT University
Budhera, Gurugram

[Signature]
1/10/22
Budhera, Gurugram



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8. Brief Write-up (300 -500 words) on the event(s)explaining activities undertaken

The Wellbeing Association under **Community Health Nursing Department, Faculty of Nursing, SGT University**, Gurugram organized an awareness Program on "World Breast Cancer Awareness Day " on 21st October 2022 at Anganwadi center no 6086010208, Village Mubarakpur, Gurugram from 10:30 AM onwards.

Various activities like " Health education on the importance of breast self examination and provide demonstration on how to do breast self examination " were done by M.Sc. Nursing 2nd year students Mr. Rohit Kadian, Ms. Soumi Das (Community Health Nursing Specialty) and GNM 1st year students. The health program was followed by distribution of pamphlet which delivers the knowledge regarding breast self examination and juice bottles were also provided to the community people who participated in this event.

The program was organized by M.Sc. Nursing final year and GNM 1st year students under the supervision of Ms. Pratibha, Mr. Naveen Vats, Ms. Sameeksha Bhardwaj, Ms. Khiumajuliu Abonmai, Ms. Nutan Sharma, Faculty of Community Health Nursing Department in coordination with Ms. Deepa Mukherjee, Associate Professor under the guidance of Prof. (Dr.) Sunil Kumar Dular, H.O.D of Community Health Nursing Department.

The program was highly acknowledged and appreciated by the local elected leader (Sarpanch of the area Mrs. Suresh), Mubarakpur village, Gurugram. We are thankful to them for their immense support and collaboration in the successful organization of this event.

9. Number & Description of Beneficiaries:

10. Outcome of the Activity & its relevance to Health Sciences:



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October is Breast Cancer Awareness Month, a yearly initiative to raise public awareness of the condition. The objective is to engage as many people as possible in the effort to raise awareness for life-changing support. The women of Village Mubarakpur were attended the program enthusiastically and learned how to do breast self-examination at home. Around 25 women were participated in the program.

11. Relevant Photographs with captions (preferably geo-tagged &

High-resolution images – to be mailed as separate attachments along

with placement in word file also) – 4 to 6 Photographs

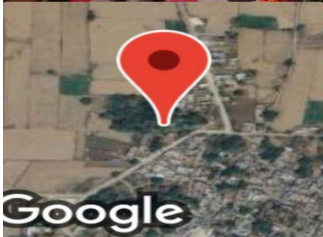


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Ms. Pratibha, Tutor along with Ms. Soumi, M. Sc Nursing student giving health education Breast Cancer



Mubarakpur, Haryana, India
FRJH+QF, Mubarakpur, Haryana 122505,
India
Lat 28.481909°
Long 76.828505°
21/10/22 11:53 AM GMT +05:30



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GNM Students distributing refreshment to the participants



GPS Map Camera

Mubarakpur, Haryana, India

FRJH+QF, Mubarakpur, Haryana 122505,
India

Lat 28.482028°

Long 76.828755°

21/10/22 12:05 PM GMT +05:30

Google

Teaching Breast Self-Examination through a Video



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Women participants at the Program

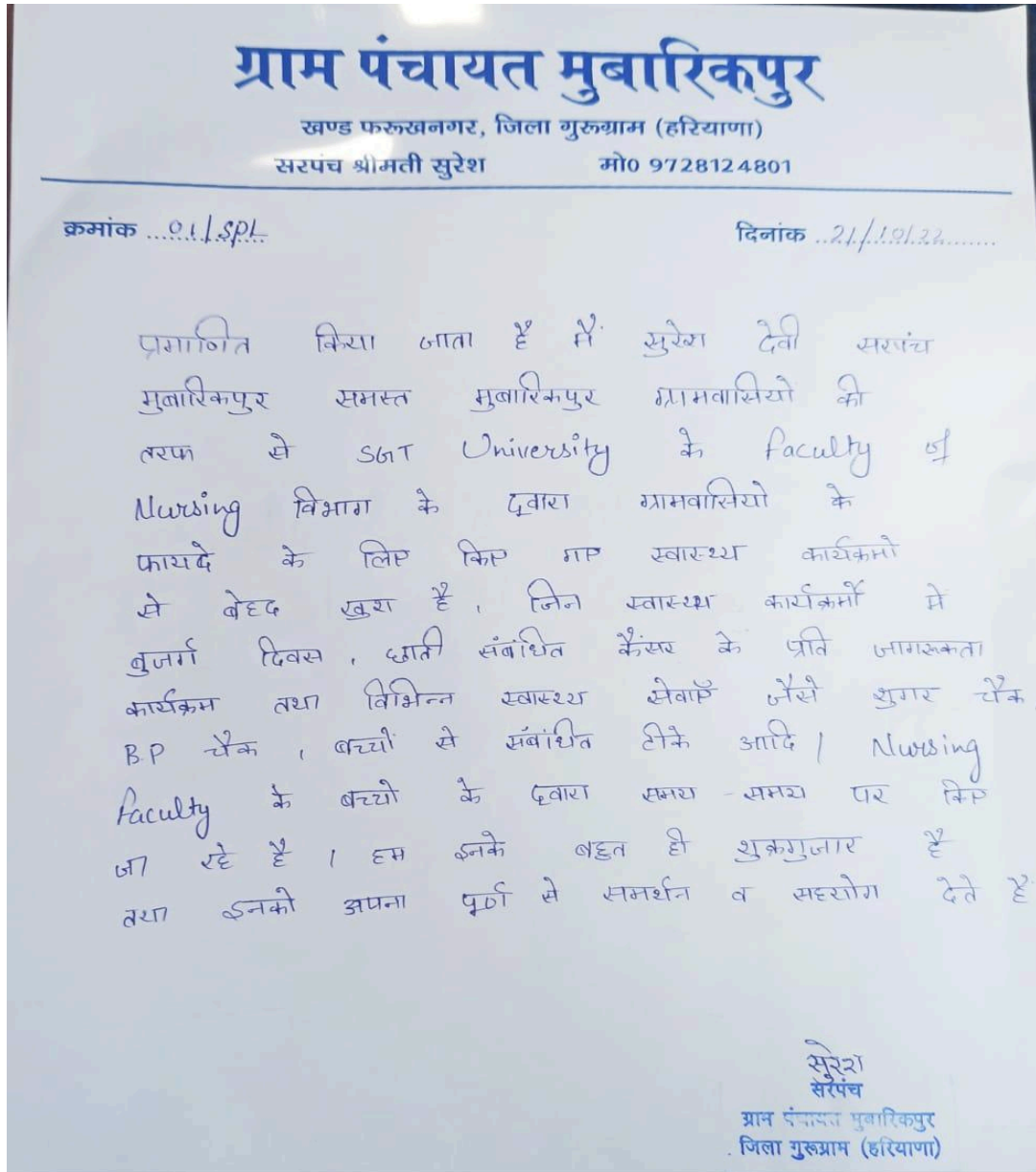


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12. Feedback from Beneficiaries/ Photo of Letter of Appreciation/

Testimonials: Nil





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Title of the Activity: Awareness Program on
World Breast Cancer Day

Date: 21st October 2022

S.No	Name of Student	Signature
1	ARCHIT MALIK	Archit
2	ANJALI CHAUHAN	Anjali
3	NITISH KUMAR	Nitish
4	NIKITA	Nikita
5	NIKITA BADASHRA	Nikita
6	RIYA	Riya
7	MUSKAN	Muskan
8	MOHD MUSAIB	Mohd Musaib
9	SONIYA	Soniya
10	LAKSHYA SINGH	Lakshya
11	MOHD AADIL	Aadil
12	AARTI	Aarti
13	CHETNA	Chetna
14	HARSHITA	Harshita
15	RASHI	Rashi
16	PRERNA	Prerna
17	KHUSHI RANA	Khushi Rana

Signature
Faculty Coordinator